

 **SL IB Biology**  
Your notes

## Protein Synthesis

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## Transcription in Protein Synthesis

### Synthesis of RNA

- This process of protein synthesis occurs in **two stages**:
  - **Transcription** – DNA is transcribed and an **mRNA** molecule is produced
    - mRNA is a single stranded RNA molecule that transfers the information in DNA from the nucleus into the cytoplasm
    - mRNA production requires the enzyme RNA polymerase
  - **Translation** – **mRNA** (messenger RNA) is translated and an **amino acid sequence** is produced

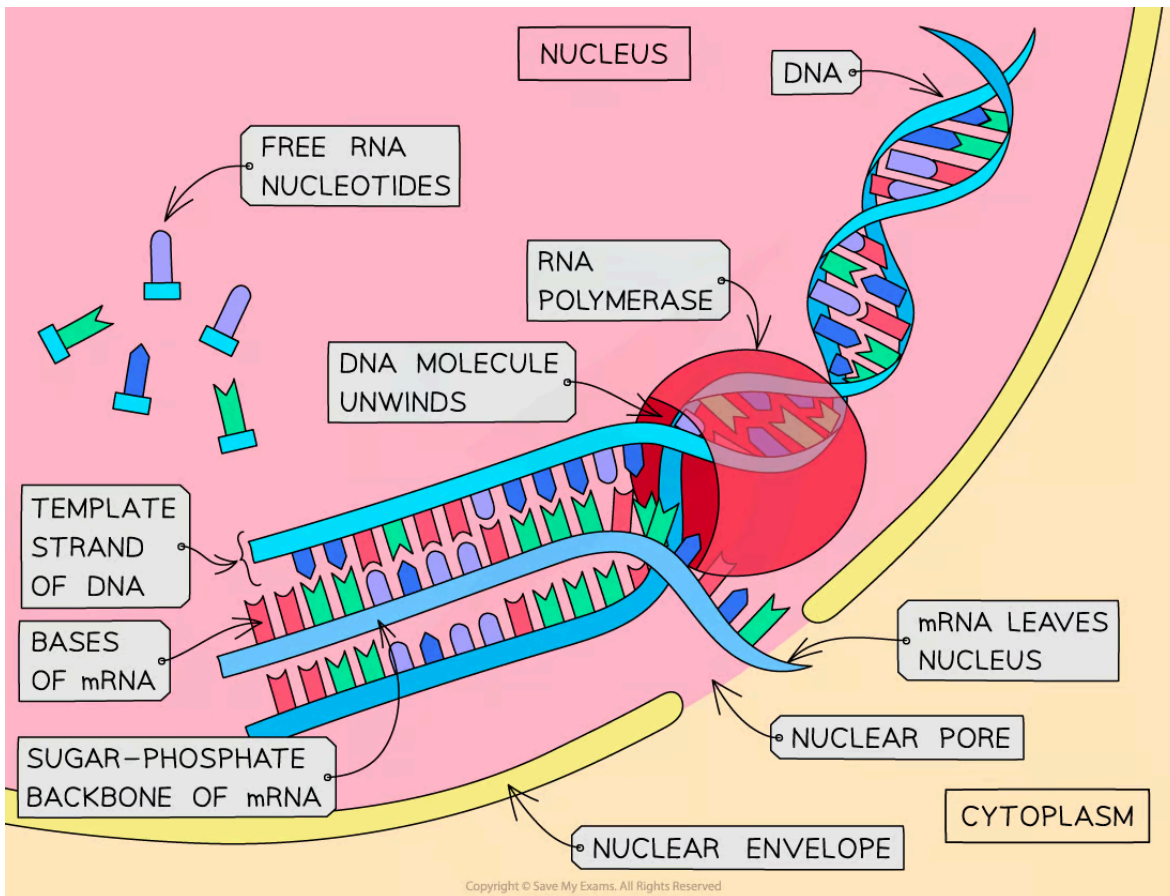
### The process of transcription

- This stage of protein synthesis occurs **in the nucleus** of the cell
- Part of a DNA molecule **unwinds** (the **hydrogen bonds** between the complementary base pairs **break**)
- This exposes the **gene** to be transcribed (the gene from which a particular polypeptide will be produced)
- A complementary copy of the code from the gene is made by building a **single-stranded nucleic acid molecule known as mRNA** (messenger RNA)
- **Free RNA nucleotides** pair up (via hydrogen bonds) with their complementary (now exposed) bases on one strand (the template strand) of the 'unzipped' DNA molecule
- The sugar-phosphate groups of these RNA nucleotides are then **bonded** together by the enzyme **RNA polymerase** to form the sugar-phosphate backbone of the mRNA molecule
- When the gene has been transcribed (when the mRNA molecule is complete), the hydrogen bonds between the mRNA and DNA strands break and the **double-stranded DNA molecule re-forms**
- The mRNA molecule then **leaves the nucleus** via a pore in the nuclear envelope
  - This is where the term *messenger* comes from – the mRNA is despatched, **carrying a message**, to another part of the cell
  - DNA can't make this journey; **it's too big to fit** through the pores in the nuclear envelope

### Transcription in the nucleus diagram



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*DNA is transcribed and an mRNA molecule is produced*

 **Examiner Tip**

Be careful - DNA polymerase is the enzyme involved in DNA replication; RNA polymerase is the enzyme involved in transcription - don't get these confused.



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## Hydrogen bonding & Complementary Base Pairing

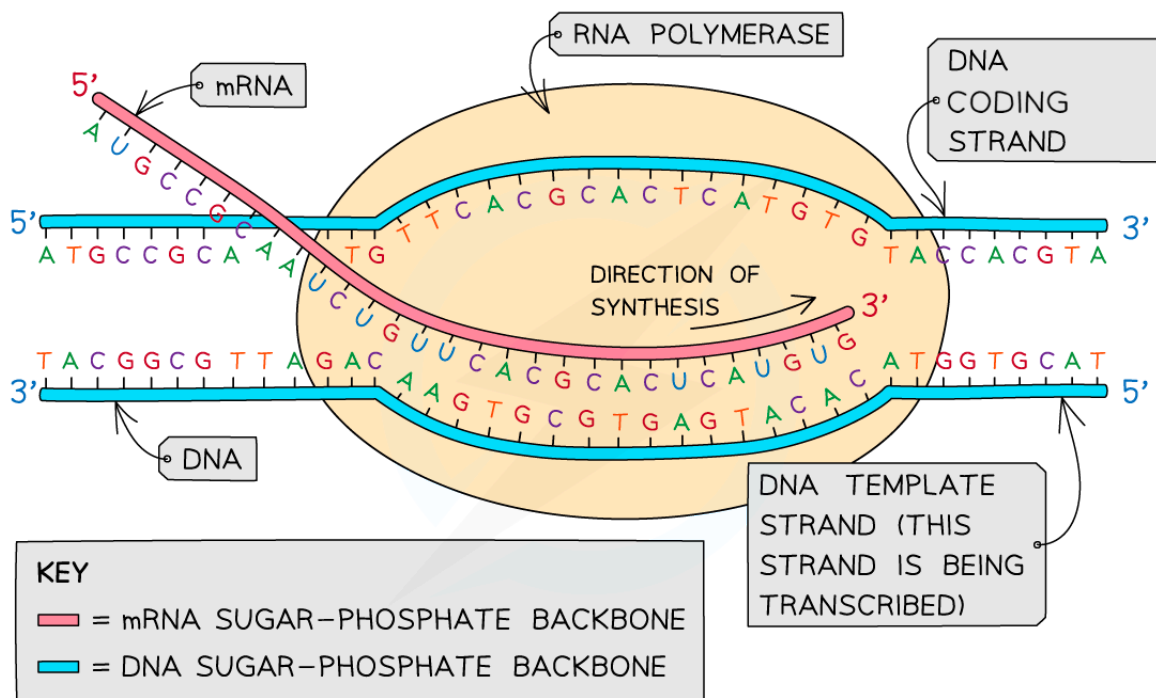
- In the **transcription** stage of protein synthesis, free RNA nucleotides pair up with the exposed bases on the DNA molecule but **only with those bases on one strand of the DNA molecule**
- The RNA will have a complementary base sequence to the DNA strand and will bind to the DNA using **hydrogen bonds**
- The **adenine of the DNA is complementary to uracil on the new RNA strand**, because a thymine RNA nucleotide does not exist

### Complementary base pairing between the DNA and the RNA transcript table

DNA template strand code	TAC	GGA	AGA	CTT	GGG
RNA transcript	AUG	CCU	UCU	GAA	CCC

- The strand of the DNA molecule that carries the genetic code is called the **coding strand**
- The opposite DNA strand is called the **template strand**
- To get an **RNA transcript of the coding strand**, the **template strand is the one that is transcribed** to form the mRNA molecule
  - This mRNA molecule will later be translated into an amino acid chain

### DNA coding and template strand during transcription diagram



***The template strand of the DNA molecule is the one that is transcribed***



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## DNA Templates

- DNA is a **very stable** molecule due to the **hydrogen bonding** between the DNA bases of the two strands and the strong phosphodiester bonds between adjacent nucleotides in each strand
  - This means that the genetic code is **not prone to spontaneously breaking or changing**
- This feature allows single DNA strands to act as **reliable templates for transcription** over several generations of cell replication
- In certain types of somatic cells that do not divide during their lifetimes, such as neurones and some types of muscle cells, the genetic sequence is **conserved** due to this stability and **does not degrade over time**

## Transcription & Gene Expression

- There are approximately **20,000 protein-coding genes** in the human genome
- Not every protein is needed in every cell
  - For example, the insulin protein is not needed in cardiac muscles of the heart
- As a result, our specialised cells have a way of **switching certain genes off or on** to match the requirements of the cell. This is called **gene expression**
  - Genes that are expressed are 'switched on' and **undergo the process of transcription and translation**
  - Genes that are not expressed are 'switched off' or silenced, and do not go through the process of transcription and/or translation
- There are **various different mechanisms** in the cell involved in controlling gene expression
- **Transcription is the first stage of gene expression** and so this is a key stage at which gene expression can be switched on or off

## Translation in Protein Synthesis



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### Synthesis of Polypeptides

- **Translation** involves taking the genetic code from the mRNA and **synthesising a polypeptide**
  - A polypeptide is a sequence of amino acids covalently bonded together
  - The order of the amino acids is based on the information stored in the genetic code of the mRNA
- This stage of protein synthesis occurs **in the cytoplasm** of the cell
- The **mRNA template** comes from the process of **transcription**, and so translation always takes place following these events
  - After transcription the mRNA moves out of the nuclear pore and diffuses into the cytoplasm towards the ribosome for translation

#### Examiner Tip

Make sure you learn both stages of protein synthesis fully. Don't forget WHERE these reactions take place – transcription occurs in the nucleus but translation occurs in the cytoplasm!

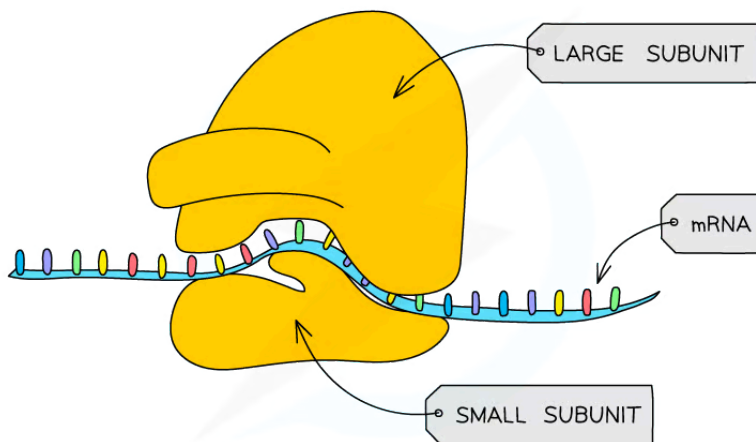


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## Roles of RNA & Ribosomes in Translation

- After leaving the nucleus, the **mRNA molecule attaches to a ribosome**
- A ribosome is a complex structure that is made of a large and small subunit
  - Ribosomes are themselves made of **proteins** and **RNA** (called ribosomal RNA or **rRNA**)
- There are **binding sites on the subunits** for the various other molecules involved in translation
  - The **mRNA** binds to the **small subunit**
  - **Two tRNA** molecules are able to bind to the **large subunit simultaneously**

mRNA in the ribosome diagram



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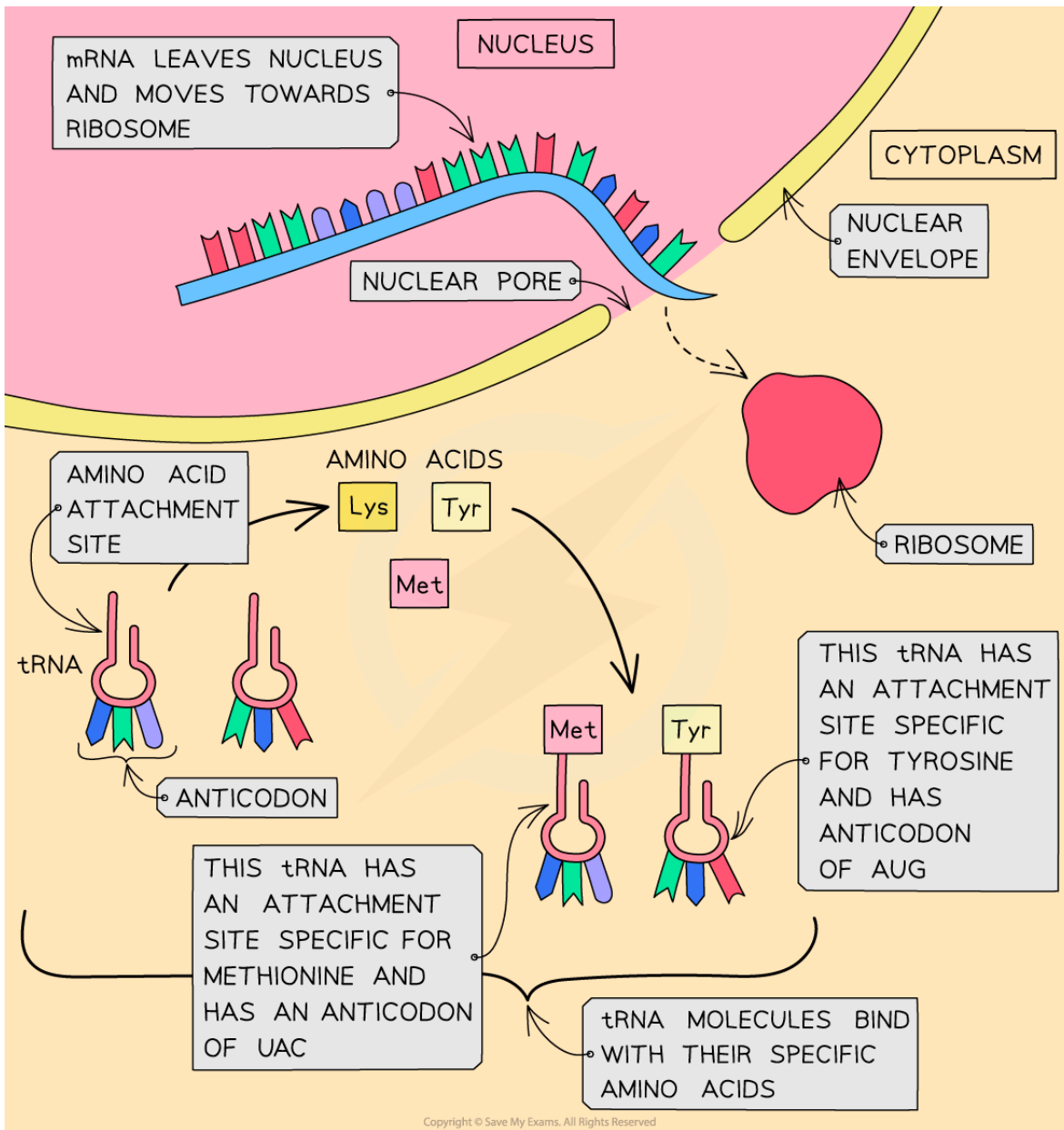
***A ribosome is built of large and small subunits, ribosomal RNA and an area on the surface that catalyses the formation of peptide bonds in a newly-synthesised protein***

- Translation depends on complementary base pairing between codons on mRNA and anticodons on tRNA
- In the cytoplasm, there are **free molecules of tRNA** (transfer RNA)
- The **tRNA molecules bind with their specific amino acids** (also in the cytoplasm) and bring them to the mRNA molecule on the **ribosome**
- The triplet of bases (anticodon) on each tRNA molecule pairs with a complementary triplet (codon) on the mRNA molecule

tRNA and mRNA before translation diagram



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The translation stage of protein synthesis – tRNA molecules bind with their specific amino acids



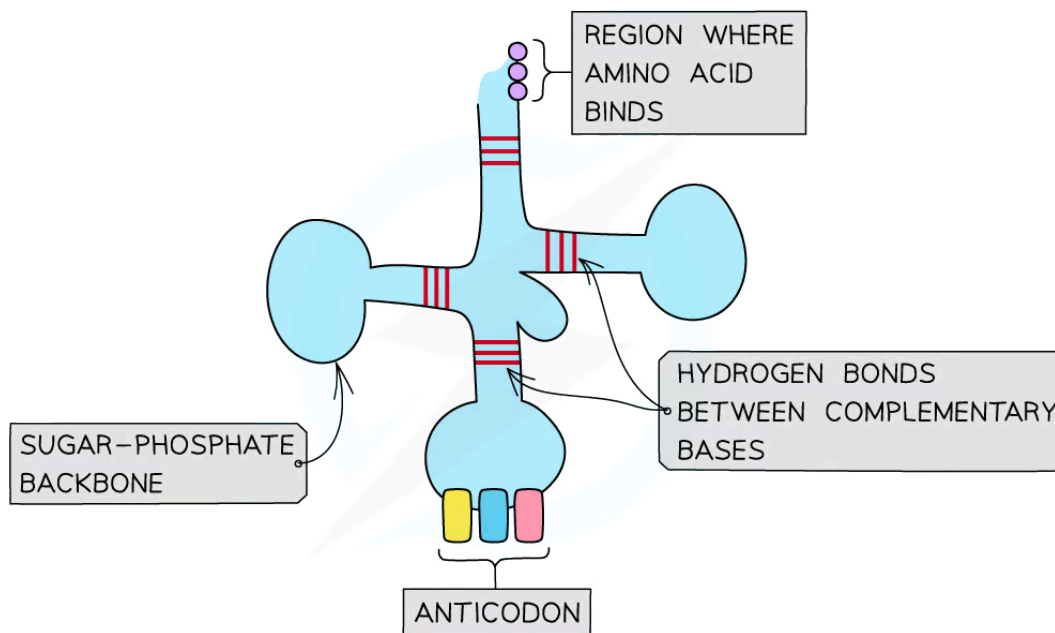


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## Codons & Anticodons

- Codons of **three bases** on mRNA correspond to **one amino acid** in a polypeptide
  - A **triplet** is a sequence of three DNA bases that codes for a specific amino acid
  - A **codon** is a sequence of three **mRNA** bases that codes for a specific amino acid
  - A codon is transcribed from the triplet and is complementary to it
- An **anticodon** is a sequence of three **transfer RNA (tRNA)** bases that are complementary to a codon
  - The transfer RNA **carries the appropriate amino acid** to the ribosome
  - The amino acid can then be condensed **onto the growing polypeptide chain**
- Certain codons carry the command to **stop translation** when the polypeptide chain is complete. These are called **stop codons**

Structure of tRNA diagram



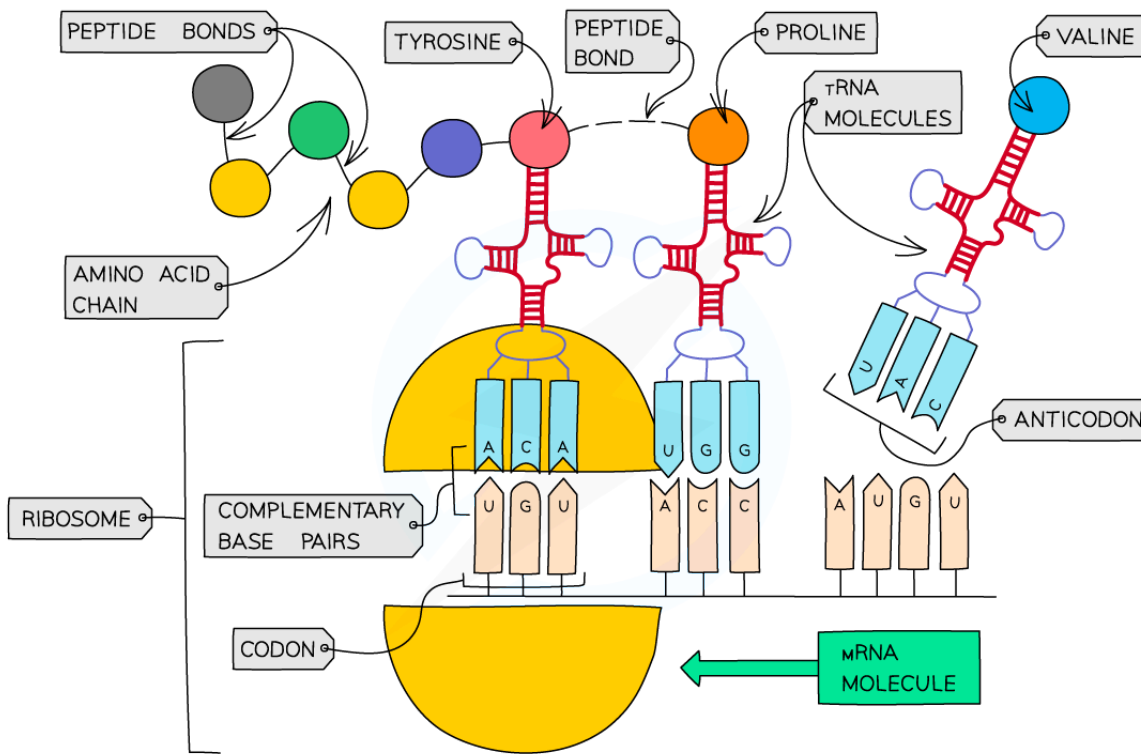
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**The anticodon is positioned at the bottom of the tRNA molecule and consists of three exposed RNA bases**

### mRNA and tRNA binding diagram



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*Complementary base pairing occurs between the mRNA and the corresponding tRNA molecule, resulting in the correct sequence of amino acids being synthesised into the polypeptide*

### Analogy: Think of transcription and translation as being like converting between languages

- Each language has its **alphabet**, just as nucleic acids and proteins have their **monomers**
- **Transcription** is like converting text from **English** to **French**
  - The same characters are used, but there are slight differences
  - French uses the same alphabet as English but employs occasionally accented characters like â, é, or ç
  - DNA and RNA employ largely the same monomers but with slight differences in the two pentose sugars and U replacing T.
- **Translation** is like converting text from a Western language to a language that uses a different alphabet, like **Japanese**
  - A completely **different set of characters** is used
  - The sequence of characters is **unrecognisable** from the original
  - If we could see them, a chain of amino acids would look nothing like a chain of nucleotides

### Transcription and Translation Can be Likened to the Conversion Between Languages Table



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Transcription	DNA → RNA	Similarities	English → French		Similarities
DNA → RNA	TTACAGCTC → AAUGUCGAG	Both use a similar set of monomers (with a slight difference; U replaces T)	"I received biology lessons at my school"	"J'ai reçu des cours de biologie à mon école"	Both use a similar alphabet (with slight differences: ç, à, é, Ô etc)

Translation	RNA → Protein	Differences	French → Japanese		Differences
RNA → protein	AAUGUCGAG → Asn-Val-Glu	Both use different monomers (nucleotides & amino acids)	"J'ai reçu des cours de biologie à mon école"	学校で生物学の授業を受けました	Both use different alphabets

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#### Examiner Tip

Remember that complementary base pairing in RNA means that:

- Adenine (A) will pair up with Uracil (U)
- Cytosine (C) will pair up with Guanine (G)

So if an mRNA codon has a sequence of **CAG**, then its complementary tRNA anticodon will have a sequence of **GUC**.



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## The Genetic Code

### Features of the Genetic Code

- The sequence of DNA nucleotide bases found within a gene is determined by a **triplet** (three-letter) **code**
- Each sequence of **three bases** (i.e. each triplet of bases) in a gene codes for **one amino acid**
- These triplets code for different amino acids – there are 20 different amino acids that cells use to make up different proteins
- For example:
  - CAG codes for the amino acid valine
  - TTC codes for the amino acid lysine
  - GAC codes for the amino acid leucine
  - CCG codes for the amino acid glycine
- Some of these triplets of bases code for **start** (TAC – methionine) **and stop signals**
- These start and stop signals **tell the cell where individual genes start and stop**
- As a result, the cell **reads the DNA correctly** and **produces the correct sequences of amino acids** (and therefore the correct protein molecules) that it requires to function properly
- The genetic code is **non-overlapping**
  - Each base is **only read once** in which codon it is part of
- There are **four bases**, so there are **64** different codons (triplets) possible ( $4^3 = 64$ ), yet there are only 20 amino acids that commonly occur in biological proteins
  - This is why the code is said to be **degenerate**: multiple codons can code for the same amino acids
  - The degenerate nature of the genetic code can **limit** the effect of **mutations**
- The genetic code is also **universal**, meaning that almost every organism uses the **same code** (there are a few rare and minor exceptions)
- The **same triplet codes code for the same amino acids in all living things** (meaning that genetic information is transferable between species)
  - The universal nature of the genetic code is why genetic engineering (the transfer of genes from one species to another) is possible

## Deducing Amino Acid Sequences

- By observing the **genetic code in the mRNA** it is possible to determine the **sequence of amino acids** that are coded for in the **polypeptide**



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mRNA codons and amino acids table

		SECOND LETTER				
		U	C	A	G	
FIRST LETTER	U	UUU } Phe UUC } UUA } Leu UUG }	UCU } UCC } Ser UCA } UCG }	UAU } Tyr UAC } UAA Stop UAG Stop	UGU } Cys UGC } UGA Stop UGG Trp	U C A G
	C	CUU } CUC } Leu CUA } CUG }	CCU } CCC } CCA } Pro CCG }	CAU } His CAC } CAA } Gln CAG }	CGU } CGC } CGA } Arg CGG }	U C A G
	A	AUU } AUC } Ile AUA } AUG Met	ACU } ACC } Thr ACA } ACG }	AAU } Asn AAC } AAA } Lys AAG }	AGU } Ser AGC } AGA } Arg AGG }	U C A G
	G	GUU } GUC } Val GUA } GUG }	GCU } GCC } Ala GCA } GCG }	GAU } Asp GAC } GAA } Glu GAG }	GGU } GGC } Gly GGA } GGG }	U C A G
						THIRD LETTER

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### Worked example

Use the **rules of base-pairing** and the **mRNA Codons and Amino Acids Table** (above) to deduce the amino acid sequence coded for by the following DNA **coding strand** sequence TTC GAG CATTAC GCC

**Answer:**

**Step 1: Work out the template sequence using A-T and C-G base pairing rules**

AAG CTC GTA ATG CGG

**Step 2: Work out the mRNA codons, complementary to the template strand**

UUC GAG CAU UAC GCC

**Step 3: Use the mRNA Codons and Amino Acids Table (above) to work out the first amino acid**

First base in codon = U, second base = U, third base = C

So we're looking in the top-left box of the table; this amino acid is **Phe**

**Step 4: Repeat for the remaining 4 codons**

GAG = Glu

CAU = His

UAC = Tyr

GCC = Ala

**The final sequence of amino acids is Phe-Glu-His-Tyr-Ala**

## Elongation of the Polypeptide Chain

- During translation **two tRNA molecules fit onto the ribosome at any one time**, bringing the amino acid they are each carrying side by side
  - The ribosome will move along the mRNA molecule, one codon at a time
- A **peptide bond** is then formed (by condensation) between the two amino acids
  - The formation of a peptide bond between amino acids is an anabolic reaction
  - It **requires energy**, in the form of **ATP**
  - The ATP needed for translation is provided by the **mitochondria** within the cell
- This process continues until a '**stop**' **codon** on the mRNA molecule is reached – this acts as a signal for translation to stop and at this point the amino acid chain coded for by the mRNA molecule is complete
- This amino acid chain is then **released from the ribosome** and forms the final polypeptide

### The process of translation diagram



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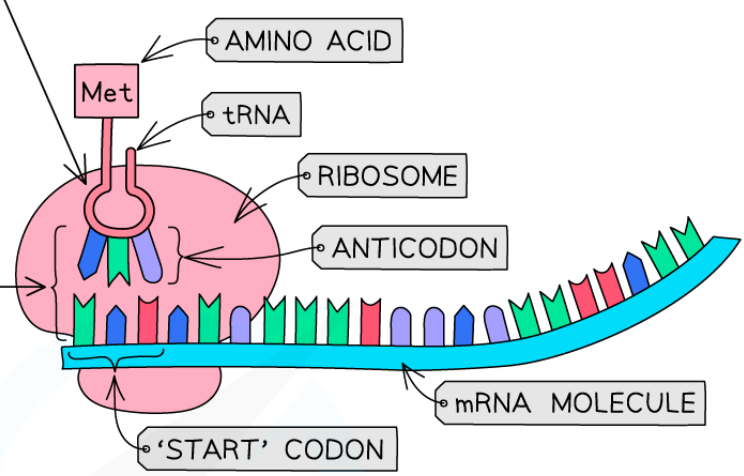


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1 IN THE CYTOPLASM THE mRNA ATTACHES TO A RIBOSOME

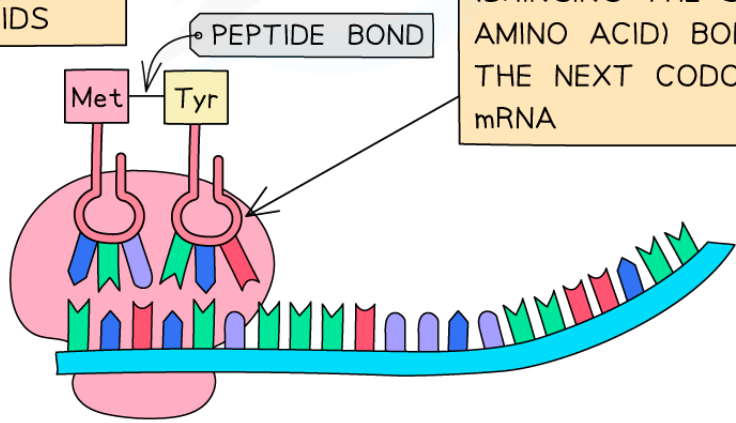
2 EACH tRNA HAS THE COMPLEMENTARY ANTICODON TO THE CODON ON THE mRNA

3 THE FIRST tRNA (WHICH ALWAYS CARRIES THE METHIONINE AMINO ACID) FORMS HYDROGEN BONDS WITH THE FIRST OR 'START' CODON (AUG) ON THE mRNA.



5 A PEPTIDE BOND FORMS BETWEEN THE AMINO ACIDS

4 THE SECOND tRNA (BRINGING THE SECOND AMINO ACID) BONDS WITH THE NEXT CODON ON THE mRNA



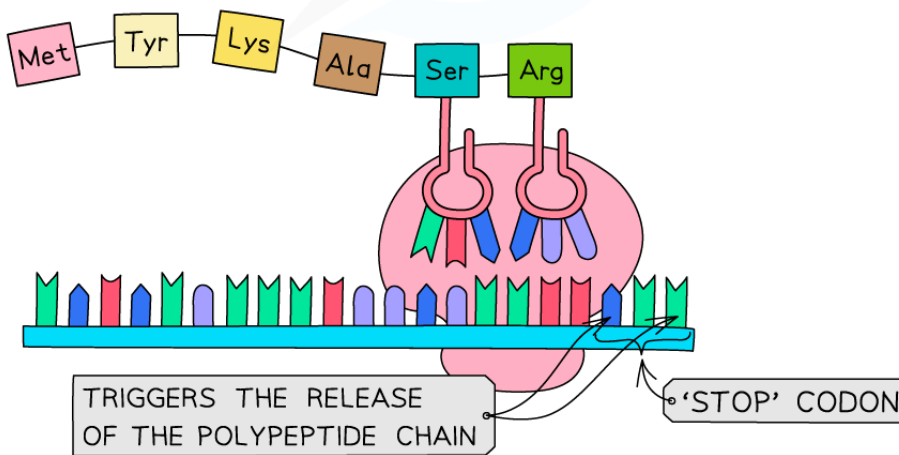
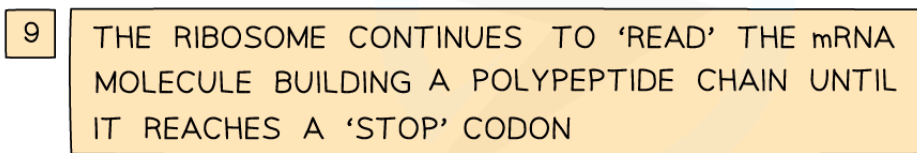
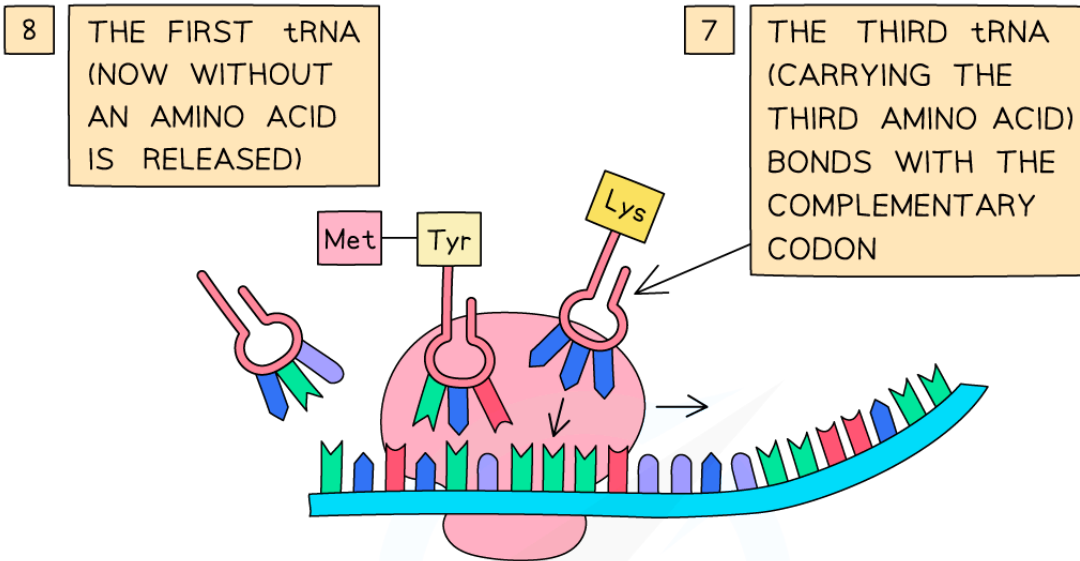
6 THE RIBOSOME MOVES ALONG THE mRNA (IN A 5' TO 3' DIRECTION) 'READING' THE NEXT CODON

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**The translation stage of protein synthesis – an amino acid chain is formed**



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## Protein Structure & Mutations

### Protein Structure & Mutations

- A **gene mutation** is a change in the sequence of bases in a DNA molecule; this may result in a new allele
  - Mutations occur **all the time** and occur **randomly**
  - Mutations are **copying errors** that take place when DNA is replicated during **S phase** of interphase
- As the DNA base sequence determines the sequence of amino acids that make up a polypeptide, **mutations in a gene** can sometimes lead to a **change in the polypeptide** for which the gene codes
- Most mutations are **harmful** or **neutral** (have no effect) but some can be **beneficial**
- **Inheritance** of mutations:
  - Mutations present in normal body cells are **not inherited**; they are eliminated once the affected cells die
  - Mutations within gametes are inherited by offspring, so can lead to **heritable** genetic conditions
- **Point mutations** are mutations where **one base** in the DNA sequence is altered; this can result in a **changed amino acid** at this location

### Example of a point mutation: sickle cell disease

- A small change to a gene can have **serious consequences** for an organism
- Sickle cell disease is a genetic disorder caused by a **single point mutation** within the gene that codes for the alpha-globin polypeptide in haemoglobin (Hb)
  - Most humans have the allele **Hb<sup>A</sup>**
  - The mutation results in a new allele **Hb<sup>S</sup>**

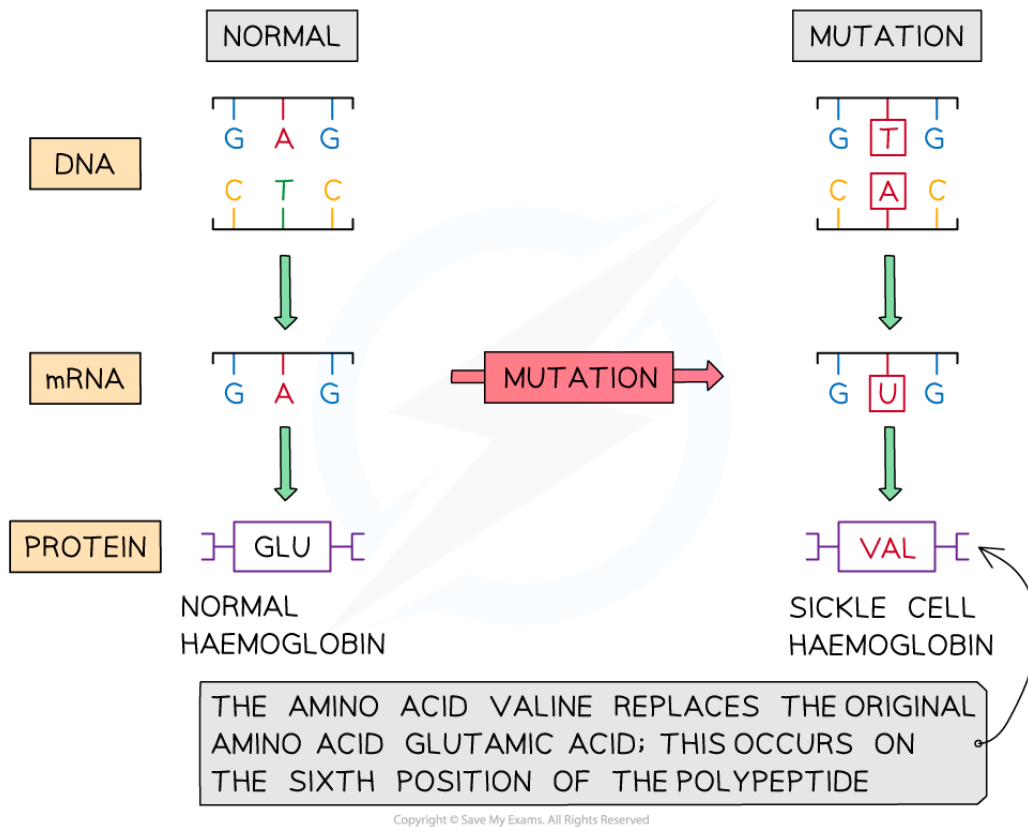
### The sickle cell mutation

- Within the haemoglobin gene a point mutation changes the DNA triplet **GAG** to **GTG** on the coding strand
- The resulting DNA triplet (**CAC**) on the template strand is transcribed into the **mRNA codon GUG**, instead of **GAG**
- During translation the amino acid **valine** (Val) replaces the original amino acid **glutamic acid** (Glu)
  - This occurs at the **sixth position** of the polypeptide

### Sickle cell anaemia point mutation diagram



Your notes



**A base substitution on the DNA molecule results in a change in the amino acid at position 6 of the haemoglobin polypeptide, altering the overall structure and function of the protein**

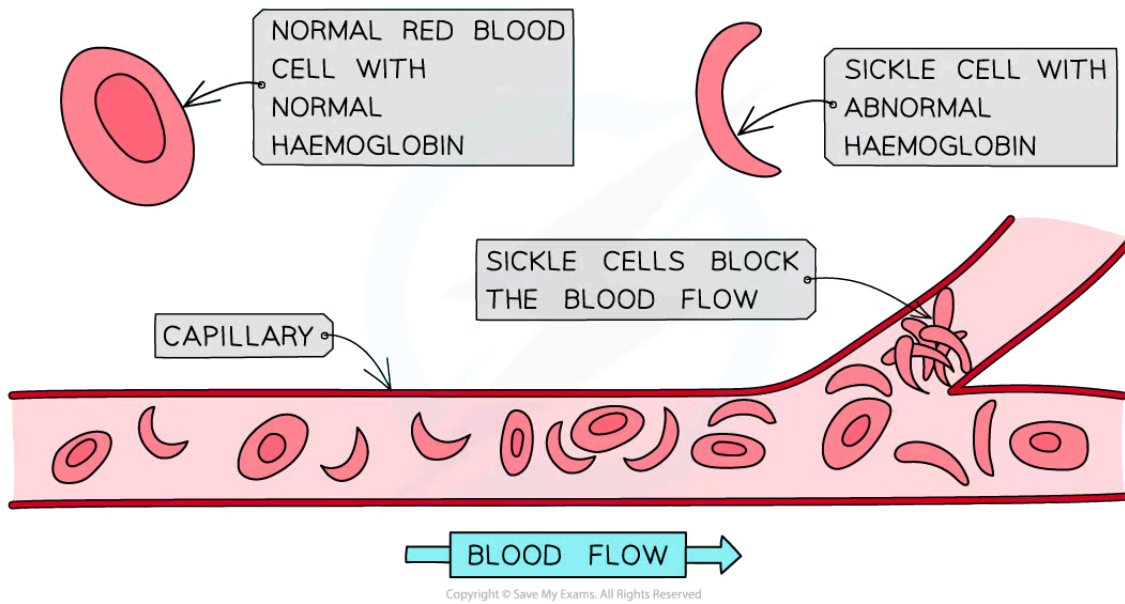
### The effects

- The protein haemoglobin **S** is produced instead of haemoglobin A; this causes a **distortion in the shape of red blood cells**, resulting in a **sickle shape**
- Sickle-shaped red blood cells:
  - Have a **limited oxygen-carrying capacity**
  - **Block the capillaries** and limit the flow of normal red blood cells
- People with sickle cell anaemia suffer from **acute pain, fatigue** and **anaemia**
- There is a **correlation** between the global distribution of sickle cell disease and **malaria**
  - In areas with increased malaria cases there is an increased frequency of sickle cell alleles; this is thought to be due to increased resistance to the malaria parasite in individuals with the Hb<sup>S</sup> allele

### Sickled cells diagram



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**Sickled cells can block the flow of blood through the capillaries, restricting oxygen supply to the tissues**

- You will cover more on mutations later in the course; see [this link](#)